



Léon 2012	44	1'32	2'21	3'14	4'08	5'02	5'56	6'52	7'46	8'40	9'34	10'28	11'22	12'16	00:13:06	13'56	
Jérôme P 2012	44	00:00:49	00:01:36	00:02:31	00:03:25	00:04:19	00:05:12	00:06:07	00:07:01	00:07:56	00:08:50	00:09:44	00:10:39	00:11:32	00:12:24	00:13:16	00:14:04
Ionel G 2012	46	00:00:46	00:01:34	00:02:26	00:03:17	00:04:11	00:05:05	00:05:59	00:06:54	00:07:48	00:08:42	00:09:36	00:10:31	00:11:26	00:12:20	00:13:13	00:14:04
Phil S 2012	44	00:00:44	00:01:37	00:02:31	00:03:25	00:04:20	00:05:14	00:06:09	00:07:02	00:07:56	00:08:50	00:09:44	00:10:40	00:11:35	00:12:24	00:13:24	00:14:15
Jb 2012	48	00:00:48	00:01:42	00:02:38	00:03:33	00:04:29	00:05:25	00:06:20	00:07:15	00:08:09	00:09:03	00:09:57	00:10:55	00:11:48	00:12:29	00:13:41	00:14:34
Frank R 2015		1'42		3'32		5'26		7'18		9'10		11'01		12'53		14'43	
Jérôme	46	1'40	2'33	3'30	4'28	5'25	6'23	7'22	8'20	9'17	10'15	11'12	12'09	13'05	14'02	14'52	
Frank R	46	1'40	2'35	3'30	4'28	5'26	6'23	7'22	8'20	9'17	10'15	11'12	12'09	13'05	14'04	14'52	
StephO 2015		1'42		3'35		5'29		7'23		9'18		11'12		13'02		14'53	
StephO	48	1'43	2'38	3'34	4'33	5'30	6'29	7'25	8'24	9'22	10'15	11'12	12'09	13'05	14'02	14'56	
Benoit 2015		1'43		3'36		5'34		7'33		9'29		11'25		13'20		15'07	
Yohan 2015		1'43		3'35		5'29		7'24		9'17		11'16		13'14		15'10	
Bruno A 2015	42'	1'32	2'27	3'26	4'24	5'23	6'24	7'24	8'23	9'20	10'20	11'20	12'21	13'21	14'20	15'16	
David 2015		1'41		3'36		5'35		7'34		9'31		11'35		13'33		15'25	
StephO 2012	50	1'45	2'43	3'42	4'42	5'42	6'41	7'41	8'40	9'39	10'38	11'36	12'35	13'34	14'28	15'29	
Philippe S.	44	1'35	2'29	3'28	4'27	5'28	6'34	7'32	8'32	9'34	10'34	11'36	11'38	13'40	14'38	15'36	
Patrick	48	1'46	2'44	3'44	4'44	5'46	6'47	7'48	8'47	9'48	10'47	11'47	12'48	14'48	14'47	15'46	
Christ M 2015	44	00:00:49	00:01:43	00:02:41	00:03:42	00:04:42	00:05:44	00:06:45	00:07:47	00:08:49	00:09:50	00:10:51	00:11:52	00:12:54	00:13:54	00:14:55	00:15:52
Yohan 2012	44	00:00:51	00:01:47	00:02:47	00:03:49	00:04:52	00:05:54	00:06:55	00:07:57	00:08:57	00:09:58	00:10:59	00:11:59	00:12:58	00:13:57	00:14:56	00:15:53
Arnaud 2015		1'50		3'50		5'54		7'58		10'03		12'07		14'09		16'07	
Nico D 2012	44	00:00:52	00:01:51	00:02:51	00:03:52	00:04:54	00:05:55	00:06:57	00:07:58	00:09:01	00:10:03	00:11:05	00:12:07	00:13:06	00:14:08	00:15:11	00:16:09
Philippe H.	52	1:48	2'47	3'49	4'50	5'53	6'55	8'	9'03	10'07	11'10	12'16	13'19	14'24	15'28	16'30	
Arnaud 2012	51	1'49	2'53	3'55	4'58	6'19	7'23	8'28	9'30	10'32	11'34	12'36	13'36	14'39	15'40	16'39	
Marco	50	1'46	2'46	3'48	4'50	5'55	7'	8'05	9'11	10'16	11'24	12'30	13'33	14'37	15'43	16'42	
Phil H 2012	45'	1'40	2'40	3'41	4'44	5'48	6'53	8'01	9'09	10'17	11'24	12'33	13'39	14'46	15'53	16'59	
Yohan	58	2'02	3'10	4'19	5'28	6'35	7'44	8'22	10'	11'06	12'13	13'20	14'26	15'30	16'32	17'37	
Alex 2012	51	1'49	2'53	4'00	5'10	6'21	7'32	8'46	9'58	11'13	12'28	13'42	14'56	16'11	17'24	18'36	
Nico D	57	2'07	3'17	4'28	5'39	6'50	8'02	9'17	10'31	11'46	13'01	14'17	15'33	16'55	18'09	19'17	
Arnaud		2'16		4'47		7'21		9'54		12'28		15'02		17'33		20'02	

BRUNO A  
JB  
pascal

<b>5x200 r=1'</b>
2'50
2'39
2'48
2'52
2'50
3'
2'59
3'05
3'04

3'20
3'30
3'24
3'20
4'09
4'06

3'30

3'30

4'07